

## What is Manual Track?

Manual Track helps speed up your manual tracking workflow by allowing you to set a position keyframe and move a set number of frames with a single click.

## Installing

1. In the .zip file you downloaded, you will see the 'manualtrack.aex' file. Copy and paste this file into the plug-ins folder for your version of After Effects (This script works only with 64-bit versions of AE and must be Windows)

Install Path: C:/Program Files/Adobe/Adobe After Effects YOUR VERSION/Support Files/Plug-ins/BatchFrame

2. Now start up After Effects. You will see 'Manual Track' in the Effects menu under 'BatchFrame'.

## Using Manual Track

To use Manual Track, first click the stopwatch (set a keyframe) for the 'Track Point' property. Then hold down the 'CTRL' key and click anywhere in the composition window. This will set a position keyframe on the 'Track Point' property and advance the number of frames set in the 'Step Size' property.

Step Size sets the number of frames to advance after each click. The default is 1 frame, meaning it will go frame by frame. You can also set the step size to a negative number if you want to work backwards.

Note: If you do not have keyframes enabled for the 'Track Point' property, the 'Step Size' will not have any affect and the timeline will not advance.

## Questions / Comments

If you have any question, issues or suggestions for improving Manual Track please leave a comment on the [BatchFrame Blog](#), or send me an email using the [contact form](#) or by emailing [contact@batchframe.com](mailto:contact@batchframe.com).

## Disclaimer

This plug-in is provided AS IS without and guarantees or warranty.

Although the author has attempted to find and correct any issues in the script, Jesse Toula and Batch Frame are not responsible for damages or losses of any kind from the use of this plug-in.

Jesse Toula and Batch Frame are under no obligation to provide any support, service, corrections or upgrades to the free plug-in.